



# WEEKLY MENU

**Download the FD MealPlanner App to access Weekly Menus.**

Quest partners with FD MealPlanner to provide access to Weekly Menus which includes individual item descriptions, ingredient lists, nutritional data and allergen information. FD Meal Planner also allows you to combine multiple menu items to see total nutritional content.

## GET STARTED

Scan this QR code to download the FD MealPlanner App on your smartphone or visit [www.fdmealplanner.com](http://www.fdmealplanner.com) and search for your school to get started. Set up an account profile for each student to access menus quickly.



## ALLERGEN ICONS

Icons for the top nine allergens are visible in our dining areas at points of service and also listed next to each menu item in FD MealPlanner. If your student needs further assistance for a serious food allergy, please contact the Food Service Director at your school.



We cannot eliminate the risk of cross-contact or guarantee that any item is free of allergens due to the nature of our kitchens and our reliance on suppliers for accurate information.

Our kitchens are allergy aware, not allergy free. Our full allergen statement can be found at: [www.questfms.com/allergens](http://www.questfms.com/allergens)

