

NORTH SUBURBAN CONFERENCE GUIDELINES

BOYS'/GIRLS' WATER POLO

I. SEASON LIMITATIONS

Practice may begin Monday of week 35 of the I.H.S.A. standardized calendar. The first contest may be no earlier than Monday of week 36. The season shall end no later than Saturday of week 45.

II. CONTEST LIMITATIONS

30 Games, exclusive of the I.H.S.A. State series.

III. LEVELS OF COMPETITION

Whenever possible there will be two levels of competition:

- A. Varsity
- B. Junior Varsity
- C. Participation - Refer to Article IX of the N.S.C. Constitution regarding eligibility.

IV. COACHES' MEETING

The date of the NSC End of Season meeting will be Tuesday the week of Sectionals

V. CHAMPIONSHIP

- A. The Conference Championship will be determined by a single round-robin within the Conference.
- B. Duplicate awards will be given in the event of a tie.

VI. CONDUCT OF CONTESTS

A. Dual Matches

1. Order of contests: Boys and Girls matches shall be played at opposite sites. JV contests shall precede varsity contests.
2. Varsity matches shall consist of four (4) seven (7) minute quarters. JV matches shall consist of four (4) 6 minute quarters. JV matches shall be played with the mutual consent of both schools and may be played in a variety of formats (i.e. 1 half boys, 1 half girls, co-ed, split home/away boys/girls).
3. Starting time - 5:00 p.m. or earlier by mutual consent of both schools.
4. The home team shall be responsible for all table personnel, official scorer/timers, and game/practice balls.

B. JV Invitational

If a school wishes to host a lower level tournament, the host school will determine the time, date, and place of this meet. Refer to Article IX of the N.S.C. Constitution regarding eligibility and participation.

VII. OFFICIALS

A minimum of one (1) official for Conference dual matches. Two (2) officials may be scheduled by mutual consent. The cost of officials is the responsibility of the home team.

VIII. AWARDS

- A. A team trophy will be awarded to the championship team (s).
- B. All-Conference certificates (12) will be awarded as stipulated by the NSC Constitution. The All-Conference teams will be selected at the annual coaches' meeting. Each Conference team is entitled to one All-Conference selection for each conference win. An Honorable Mention team may be selected of no more than one half the number (6) of All-Conference players.

Selected Highlights from the NSC Constitution

From Article VIII: The Resource Athletic Director for each respective Varsity sport shall be responsible for compiling and distributing Conference Varsity standings and scores on a weekly basis. Each school shall be responsible for reporting Varsity scores to the Resource Athletic Director each week. The North Suburban Conference only recognizes championships at the Varsity level.

From Article IX: A player may participate at only one recognized level of competition on any given playing date or round of play against a Conference opponent, except where noted in individual sport Guidelines. In sports where there is a Conference tournament at the Varsity level, if a Conference school also hosts a Prairie-Lake (under-level) Invitational in that sport, an athlete is prohibited from competing at more than one level. Only freshmen may compete at the freshman level in any sport or contest. Member schools are required to field teams in recognized levels from the top down.

From Article X: It is agreed by all member schools that the use of video equipment for the purpose of scouting is allowed unless prohibited by individual NSC sport Guidelines or NFHS rules.

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