

## **NORTH SUBURBAN CONFERENCE GUIDELINES**

### **BOYS'/GIRLS' WATER POLO**

#### **I. SEASON LIMITATIONS**

Practice may begin Monday of week 35 of the I.H.S.A. standardized calendar. The first contest may be no earlier than Monday of week 36. The season shall end no later than Saturday of week 45.

#### **II. CONTEST LIMITATIONS**

30 Games, exclusive of the I.H.S.A. State series.

#### **III. LEVELS OF COMPETITION**

Whenever possible there will be two levels of competition:

- A. Varsity
- B. Junior Varsity
- C. Participation - Refer to Article IX of the N.S.C. Constitution regarding eligibility.

#### **IV. COACHES' MEETING**

The date of the NSC End of Season meeting will be Tuesday the week of Sectionals

#### **V. CHAMPIONSHIP**

- A. The Conference Championship will be determined by a single round-robin within the Conference.
- B. Duplicate awards will be given in the event of a tie.

#### **VI. CONDUCT OF CONTESTS**

##### **A. Dual Matches**

1. Order of contests: Boys and Girls matches shall be played at opposite sites. JV contests shall precede varsity contests.
2. Varsity matches shall consist of four (4) seven (7) minute quarters. JV matches shall consist of four (4) 6 minute quarters. JV matches shall be played with the mutual consent of both schools and may be played in a variety of formats (i.e. 1 half boys, 1 half girls, co-ed, split home/away boys/girls).
3. Starting time - 5:00 p.m. or earlier by mutual consent of both schools.
4. The home team shall be responsible for all table personnel, official scorer/timers, and game/practice balls.

##### **B. JV Invitational**

If a school wishes to host a lower level tournament, the host school will determine the time, date, and place of this meet. Refer to Article IX of the N.S.C. Constitution regarding eligibility and participation.

#### VII. OFFICIALS

A minimum of one (1) official for Conference dual matches. Two (2) officials may be scheduled by mutual consent. The cost of officials is the responsibility of the home team.

#### VIII. AWARDS

- A. A team trophy will be awarded to the championship team (s).
- B. All-Conference certificates (12) will be awarded as stipulated by the NSC Constitution. The All-Conference teams will be selected at the annual coaches' meeting. Each Conference team is entitled to one All-Conference selection for each conference win. An Honorable Mention team may be selected of no more than one half the number (6) of All-Conference players.

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