

## **NORTH SUBURBAN CONFERENCE GUIDELINES**

### **GIRLS' BADMINTON**

#### **I. SEASON LIMITATIONS**

Practice may begin Monday of week 35 of the I.H.S.A. standardized calendar. The first contest may be no earlier than Monday of week 37. The season shall end no later than Saturday of week 45.

#### **II. CONTEST LIMITATIONS**

- A. No Girls Badminton Team may participate on more than sixteen (16) dates, exclusive of the I.H.S.A. series.
- B. No member of a girls Badminton team may participate on more than sixteen (16) dates, exclusive of the I.H.S.A. series.

#### **III. LEVELS OF COMPETITION**

- A. Varsity
- B. Junior Varsity
- C. Participation: Refer to Article IX of the N.S.C. Constitution regarding eligibility.

#### **IV. COACHES' MEETING**

Conference coaches will meet at the Conference seeding meeting the week of the Conference meet, no later than Wednesday, for the purpose of reviewing the guidelines.

#### **V. SEASON**

A single round-robin schedule will be followed.

#### **VI. CONDUCT OF CONTESTS**

##### **A. Dual Meets**

1. The host schools shall furnish new official shuttlecocks of the type used at the IHSA State Tournament for each varsity match. The J.V. shall use nylon shuttlecocks.
2. Matches:       Varsity: (7) 4 singles and 3 doubles  
                      J.V: (5) 3 singles and 2 doubles  
                      Exhibition matches shall be mutually agreed upon.
3. All schools are to call in scores of each meet to the NSC Resource A.D. every Monday with the results of the previous week's Conference matches.
4. Play shall be governed by IHSA Terms and Conditions.
5. A girl shall be permitted to play only 1 match per meet

6. Players shall be ranked for position according to their skill level. Best available player/doubles team plays #1, 2nd best available player/team plays #2.
7. The school winning the majority of the scheduled (7) matches shall be the winner of the meet.
8. Play shall be continuous with an option by either team for five (5) minutes rest between the second and third game of a match. Coaching MUST be limited to FIVE minutes.
9. Coaching between the first, second, and the third game of a match on the J.V. level may be allowed but limited to only two minutes.
10. Schools shall be required to play seven (7) matches. Order of play will be as follows if possible:
  - a. Varsity
    1. Third (3rd) doubles
    2. Second (2nd) doubles
    3. Fourth (4th) singles
    4. Third (3rd) singles
    5. Second (2nd) singles
    6. First (1st) doubles
    7. First (1st) singles
  - b. Junior Varsity
    1. Second (2nd) doubles
    2. Third (3rd) singles
    3. Second (2nd) singles
    4. First (1st) doubles
    5. First (1st) singles
  - c. Exhibition
11. A team shall forfeit any match if they fail to provide competition in that match.
12. The individual or doubles team who wins two (2) out of three (3) games shall win that match.
13. Maximum warm-up time in case of travel delay should be no more than fifteen minutes once the bus has arrived.
14. Coaches shall make sure that spectators refrain from coaching or communicating with players during the matches. Spectators shall be allowed outside the playing court. When players finish their matches, they shall be considered spectators although they may continue playing for practice on any empty court.

VII. OFFICIALS

None

VIII. AWARDS

As specified by the N.S.C. Constitution.

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