

## NORTH SUBURBAN CONFERENCE GUIDELINES

### GIRLS' BOWLING

#### I. SEASON LIMITATIONS

Practice may begin Monday of week 19 of the I.H.S.A. standardized calendar. The first contest may be no earlier than Monday of week 21. The season shall end no later than Saturday of week 32.

#### II. CONTEST LIMITATIONS

20 contests excluding State Tournament Series.

#### III. LEVELS OF COMPETITION

There will be one recognized level of competition.

A. Varsity - five (5) girls

Other levels which may be competed:

B. J.V. I - five (5) girls

C. J.V. II - five (5) girls

#### IV. COACHES' MEETINGS

A preseason meeting will be held the **Tuesday** before the start of the season.

An end-of-season meeting will be held on the day of the Conference tournament and in conjunction with the pre-tournament meeting.

#### V. DIVISIONAL CHAMPIONS

Divisional Championship will be determined by win/lose record within the division based on points. During dual meets, a team will receive two (2) points for each game won in a match and three (3) points for winning the overall series. There are nine (9) points possible for each dual match played. In the event that there is a tie within the division, duplicate plaques will be awarded.

## VI. CONFERENCE CHAMPIONSHIP

1. Lane assignments will match the IHSA Sectional policy.
2. The Conference Championship will be determined by total pin fall at the Conference meet. In the event of a tie, duplicate awards will be handed out.

## VII. CONDUCT OF DUAL MEETS

- A. Conference dual meets are scheduled for 4:30 p.m. or earlier weekdays.
- B. A match will consist of three (3) lines bowled with two (2) points awarded to each game winner and three (3) points for the series winner. Nine (9) total points will be earned for each dual meet. "Series total focus" is the desire.
- C. For all rules other than those stated below, the official rules will be determined by the association rules followed by the IHSA Terms and Conditions.
- D. A squad of five (5) bowlers plus any number of substitutes shall constitute a Varsity team. "Substitutes" may not be participants in that day's competition at any lower (JV, JVII, etc.) level.
- E. This will be scratch league. Should a match end in a tie, teams will bowl an additional ninth and tenth frame to break the tie.
- F. Bowlers will alternate alleys and foul lights will be used.
- G. Each team will provide a school scorer at the table at all times. Each bowler is to check her own score and also the bowler opposite her on the opposing team. One person from each team on each pair of alleys is to be designated by the coach to sign the score sheet at the end of each game. Once both schools have signed, SCORES ARE FINAL. Sheets should be given to both coaches following each game.
- H. Only team members and coaches can sit in the competition area.
- I. A substitute entering a game to replace an ill or injured player will complete the meet. No shadow balls will be allowed. The injured/ill person may not return to play in the meet.
- J. Substitutions may be made between frames. A team may not substitute a bowler between levels during a match.
- K. There will be a 15 minute warm-up period given prior to the beginning of the match. No other practice is permitted.

- L. In the event it becomes necessary at conference meets, at the discretion of the host school, the varsity match will be merged from 4 lanes to 2 lanes. The junior varsity match will stop after game 2 and all points earned will stop where they are.
- M. Divisional Champions will be determined by win-loss record within the division. Win-loss will be determined by a 9 point system: two (2) points per game and an additional three (3) points for the series. In the event of a tie, duplicate awards will be given.

#### VIII. HOST SCHOOL RESPONSIBILITIES

- A. The host school shall make all arrangements for the proper number of lanes and will notify the visiting school of the location of the bowling establishment.
- B. The host school shall send the meet results to the Conference resource athletic director, who will keep the Conference standings.
- C. The host school shall absorb the cost of the bowling fees and shoe rental for the dual meet contests - not to exceed fifteen (15) bowlers.
- D. No practice by the host school prior to a meet is allowed.

#### IX. THE CONFERENCE TOURNAMENT

- A. Each school shall pay the host school's Bowling establishment their respective lane fees. Varsity - five (5) bowlers.
- B. Ten minutes prior to the start of each round, the coach must designate the five (5) bowlers who will compete. Refer to Article IX of the N.S.C. Constitution regarding eligibility and substitutions.
- C. There will be two (2) rounds of competition. Each round consists of a three (3) game series. Competitors will alternate alleys each frame. All teams will bowl both rounds.
- D. Total pin fall for both rounds determine the tournament winner.
- E. There will be a 15 minute warm-up period prior to the beginning of each round. No other practice is permitted.
- F. Time between rounds will be at least 30 minutes and no more than one hour before the 15 minute warm up period.
- G. Each school must furnish one (1) competent scorekeeper.
- H. Foul lights will be used.
- I. Only team members that are bowling may sit in the competition area on the alleys.

- J. Lane assignments will follow the procedures outlined in the IHSA Terms and Conditions.
- K. The conference championship will be based solely on the scores bowled at the conference meet. Two divisional Champions will be awarded based on points earned in divisional play with each win earning two (2) points per game and the total series winner earning an additional three (3) points.

X. AWARDS

- A. One team trophy will be awarded to the Conference champion (s).
- B. Divisional plaques will be awarded to the two divisional champions.
- C. Medals will be awarded to the top nineteen (19) place finishers in the Conference tournament.